



# ALISHA WYMER-SHATTUCK

## STUDENT MIDWIFE

### PERSONAL PROFILE

Passionate, dedicated student midwife and holistic birth doula interested in pursuing the next step towards becoming a certified professional and licensed midwife.

### SKILLS

- Take and assess blood pressure
- Take and assess pulse
- Auscultate FHR with fetoscope and doppler
- IV placement
- Beginner phlebotomy
- Draw up medication
- Paper and electronic charting
- Labor support
- Lactation
- Placenta encapsulation
- Homeopathics and herbal remedy creations
- Muscle testing
- Natural health counseling

### CONTACT INFORMATION

1(989) 620-7069  
thewarriorwithinbirthservices@gmail.com  
6899 E. Beal City Rd. Mt. Pleasant, MI 48858

### REFERENCES

Colleen Maheswaran, CPM, LM  
(313) 378-3788  
forestrivermidwifery@gmail.com

Beth Barbeau, CPM, LM  
(734) 807-9909  
beth@theindigoforest.com

Laurie Vance, CPM, LM  
(616) 914-6041  
withlasava@gmail.com

Bessheen Baker, ND  
989) 773-1714  
contact@naturopathicinstitute.info

### EDUCATION

#### Ancient Art Midwifery

2023-Present  
General Midwifery Studies

#### Midwives College of Utah

2020-2021  
General Midwifery Studies

#### Naturopathic Institute of Therapies and Education

2019-Present  
Holistic Doula Certification Program  
Naturopathy Program  
Continuing Education Credits

### EXPERIENCE

#### Birth Assistant/Doula

Forest River Midwifery  
2023-2024

- Assist midwife with prenatals, birth, and postpartum care
- Assist midwife with taking and assessing vitals
- Counsel families on questions and concerns
- Assist clients with breastfeeding
- Assist in emergency situations

#### Certified Holistic Doula

The Warrior Within Birth Services  
2010-Present

- Provide clients with emotional, informational, physical support, and advocacy through all stages of the childbearing year.
- Provide clients with basic childbirth education.
- Help clients become educated and informed in choices for pregnancy and birth.
- Provide comfort with pain-relief techniques.
- Help initiate the breastfeeding process and facilitate bonding.
- Counsel families through immediate postpartum issues and concerns and assist with resources if needed.
- Placenta encapsulation and matridonal remedies

#### Midwife Virtual Assistant

The Warrior Within Birth Services  
2022-Present

- Assist in office tasks
- Manage electronic health records (EHR)
- Facilitate communication with clients
- Manage calendars
- Schedule events
- Research relevant topics
- Create and organize documents
- Email finished products
- Create digital marketing content using Canva

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STUDENT MIDWIFE/DOULA

## CERTIFICATIONS

- Nutrition - NITE - February 2019
- Herbology - NITE - March 2019
- Muscle Response Testing - NITE - March 2019
- Miracle of Pregnancy - NITE - May 2019
- Beginning Essential Oils - NITE - June 2019
- Communication Skills - C.B.I. - August 2019
- Miracle of Birth - NITE - August 2019
- Miracle of the Newborn - NITE - September 2019
- Holistic Doula Certification - NITE - October 2019
- How to Deliver a Baby in an Emergency - NITE - November 2019
- Breastfeeding Physiology - C.B.I. - February 2020
- Homeopathy - NITE - June 2020
- IV Skills - MCU - December 2021
- NRP - AAP & AHA - May 2022
- Integrative Resuscitation of the Newborn - Karen Strange - May 2022
- Birth Emergency Skills Training- Andrea Dixon - March 2023
- CPR/BLS - American Heart Association - November 2023